



Matan

Identifying our Learning Styles

Often (3)	Sometimes (2)	Never (0)
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Read each statement. If this happens to you often, write a "3" on the line; sometimes, write a "2"; never, write a "0"

Visual Modality

- _____ I remember information better if I write it down
- _____ I need a quiet place to get my work done.
- _____ I need to write down directions, not just take them verbally.
- _____ Music or background noise distracts my attention from the task at hand.
- _____ I doodle and draw pictures on the margins of my notebook pages.
- _____ I have trouble following lectures.
- TOTAL** _____

Auditory Modality

- _____ I do not follow written directions well.
- _____ When I hear something, I remember it.
- _____ I would rather listen and learn than read and learn.
- _____ I'm not very good at interpreting an individual's body language.
- _____ Pages with small print or poor quality copies are difficult for me to read.
- TOTAL** _____

Kinesthetic/Tactile Modality

- _____ I start a project before reading the directions.
- _____ I prefer first to see something done and then to do it myself
- _____ I take frequent study breaks.
- _____ I have a difficult time giving step-by-step instructions.
- _____ I use my hands when describing things.
- TOTAL** _____

Total the score for each section. The highest of the 3 scores indicates the most efficient method of information intake. The second highest score indicates the modality which boosts the primary strength

Were the results what you expected?

Not every student you will work with has the same learning style that you do, or that the classroom teacher does. What challenges does that present?

Note: *There is no "1," because the survey designer wanted there to be a clear distinction between A) demonstrating one of the characteristics (no matter how intense) and B) not demonstrating the characteristic at all.*