

Theme: More Mitzvot!

Week: 13

Learning Outcomes

Students Will:

- Learn specific *mitzvot*
- Understand the importance of visiting the sick
- Understand the importance of being kind to animals

Materials & Resources

- Book: A Sick Day for Amos McGee by Phillip C. Stead
- Blank stationery
- Stickers, markers, etc. for decorating
- Stuffed animals
- Band-aids, doctor toys, etc.

Arrival/Warm Up (15 min)

Students will all add a leaf or two to the *Mitzvah Tree*.

Specific Accommodations

- If possible, put student picture next to their name at the table so they know where to sit even if they cannot recognize their names in print
- Provide printed list of ideas for students for what to write on their *mitzvah leaves*

Tefilah Time (15 min)

Explain to students that it is a *mitzvah* to pray to God. Ask students which *tefilah* is their favorite!

Specific Accommodations

- Use cube chairs, cushions, carpet dots, or hula hoops for students who need support sitting on the floor or for students who need help understanding how to stay in their spot

Centers (45 min. 15 each)



Center Theme: Hebrew Letters

Center Activity: Hebrew Letter Sand Play

Put sand or dry rice on the cookie sheets and give students the opportunity to practice drawing the letters with their fingers. Give them the *Aleph Bet* mats, their name mats, or any individual letters from their names. Play the *Aleph Bet* song in the background as they are engaging in this activity.

Specific Accommodations:

- Give students specific letters from their names to do if the whole name is too overwhelming for them

Center Theme: Art

Center Activity: Get Well Soon Cards

Have students make cards, signs, or pictures for a local children's hospital. Ask students to consider what would make them smile if they were sick. Alternatively, if there is a list of congregants that are sick, students can write cards for them or for anyone in their lives that are sick.

Specific Accommodations:

- Pre-print get well messages in Hebrew and English for students to glue onto their cards
- Pre-peel stickers
- Provide a model for students to look at as they create their own

Center Theme: Building/Pretend Play

Center Activity: Caring for Animals

Provide students with toy animals, recycled items and building materials for students to pretend with, and "care cards". Have students choose care cards and practice showing kindness to the animals by completing the activity on the "care card". Students can use their imagination to build or create the items in the care cards using the materials provided.

Specific Accommodations:

- Set care cards alongside care items and animals they will need to complete the card

Bracha Spotlight (and snack time, 20 min):

Today's snack is animal crackers! Have students determine which category these go in before saying the *mezonot* blessing together.

Whole Group Activity (30 min):

Read the book: *A Sick Day for Amos McGee* by Phillip C. Stead. Ask students if they notice anyone doing any *mitzvot* in the book? Prompt them to consider what *mitzvot* Amos does and what *mitzvot* the animals do for Amos?

Then, explain that the two main *mitzvot* in the book were *Bikkur Cholim* which means "visiting the sick" and *Tzar Baalei Chayim* which means "suffering of animals". God actually commands us to visit the sick and to limit the suffering of animals! Have students brainstorm examples of both of these *mitzvot*.

Finally, explain to students that there is a special prayer we say when someone is sick. Have them listen to Debbie Friedman *Mi Shebeirach* song.

Specific Accommodations:

- Open to specific pictures in the book to prompt students if they are having trouble thinking of a *mitzvah* example
- Use the "care cards" from the pretend play center to prompt students if they are having a hard time coming up with examples of ways to do these *mitzvot*

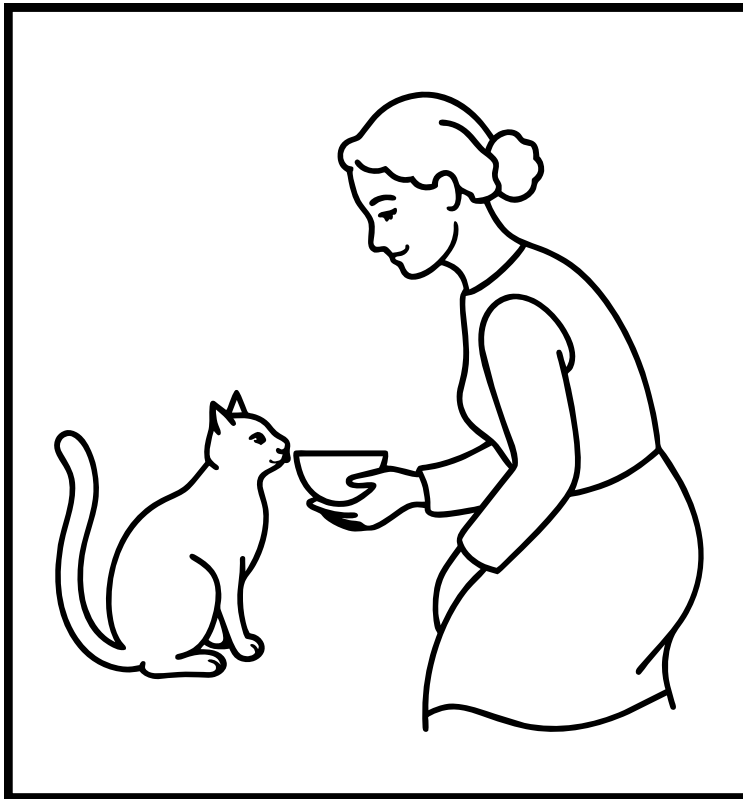
Closing/*Lehitraot* (10 min):

- Have students think of one way they plan to practice "*Bikkur Cholim*" or "*Tzar Baalei Chaim*" this week. Have them share it with each other or with you.
- Finally, sing *Shalom Chaverim* together

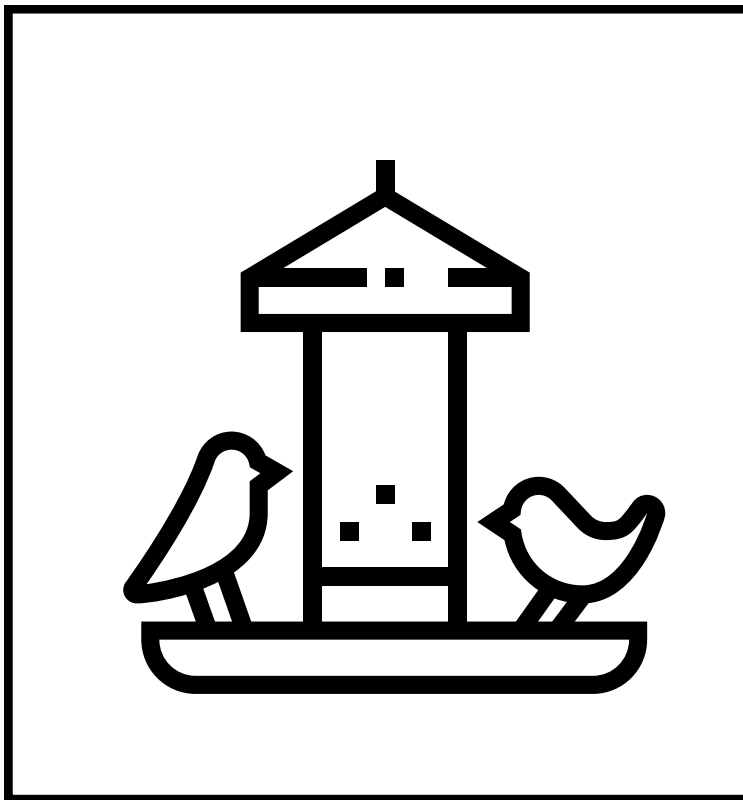
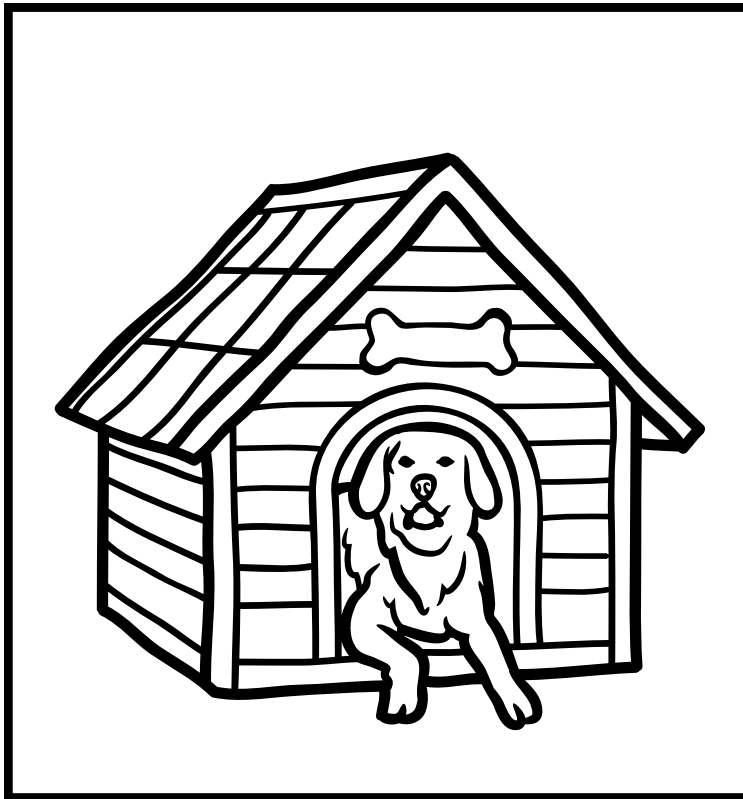


רפואה
שלמה!

Care Cards



Care Cards



Care Cards

