

Theme: Yom Kippur

Week: 2

## Learning Outcomes

Students Will:

- Learn about Yom Kippur
- Understand what *Teshuva* is
- Practice saying sorry

## Materials & Resources

- Markers
- Ball
- Stickers, papers, other arts and crafts materials
- Building materials (blocks, legos, boxes)
- Hebrew Alphabet Letters
- Book: *Three Jumps to Sorry: A Yom Kippur Story* by Amy Novit

## Arrival/Warm Up (15 min)

As students arrive, remind them of the routine, where they can put their belongings, where they will do art, play, etc. Show them their schedule for the day and then direct them to their seat at the table.

Provide a cut-out of a shofar for students to decorate using markers, crayons, stickers, etc.

## Specific Accommodations

- Set up the table with each student's folder in a designated seat based on where they will be most successful (ex. next to a specific peer, in a specific seat, etc.) This way, as students come in, they can find their folders and sit in their spot.
- Provide a variety of decorations for students to use including thicker, smaller crayons or markers to work on grip or dot markers for less fine motor strain.

## Tefilah Time (15 min)

Start *Tefilah Time* with a quick review of what it is and what the expectations are for this time.

Next, review *Modeh Ani*, which they learned the week prior. After this is reviewed, introduce the *Shema*. Teach the sign language using visuals and frequent repetition.

## Specific Accommodations

- Use cube chairs, cushions, carpet dots, or hula hoops for students who need support sitting on the floor or for students who need help understanding how to stay in their spot
- Use visuals for the *tefilot*

Centers (45 min. 15 each)



**Center Theme:** Hebrew Letters

**Center Activity:**

Provide students with Hebrew letter magnets, metal cookie sheets (for sticking magnets on), and print outs of edible *Aleph Bet*.

Allow students to explore the letters as they did the last time they had this center. At this point, add each individual student's Hebrew name printed out in large letters for them to engage with as well. Have students match the letter magnets to the letters on their name print out and point out the letter names as you circulate.

**Specific Accommodations:**

- Provide smaller field size for students who need it (ex. only give 3-5 letters to explore).
- Use a slant board, easel, or white board for some students to put magnets on.

**Center Theme:** Holiday Art!

**Center Activity:** Shana Tova Cards

Provide students with blank cards, stickers, markers, etc. as well as pre-written greetings for them to glue onto the cards. Provide a list of ideas of people they could write their card for such as parents, siblings, or classmates.

**Specific Accommodations:**

- Pre-place glue on parts of the paper for students to place items on
- Provide a template for students to use in making their cards (ex. boxes where they should place their greetings)
- Put down plastic table cloth to allow for mess without concern

**Center Theme:** Building Center

**Center Activity:**

Provide pictures of different Torah arks and *bimas* from a variety of different synagogues and have students build their own versions out of any building materials available. Have students work together or individually depending on student need and material availability

**Specific Accommodations:**

- Provide different materials depending on the fine motor skills of the students (ex. large blocks vs. small legos)
- Create your own model with building materials for students to see an example

## *Bracha* Spotlight (and snack time, 20 min):

Sing the *Bracha* Spotlight song as students are preparing for snack.

Tell students the snack today will be bananas because they are the same shape as a shofar! Have students pretend to blow the shofar and make the sounds of the shofar with their banana. We will learn a new *bracha* today and say the *borei pri ha'adamah* blessing!

## Whole Group Activity (30 min):

Introduce the holiday of Yom Kippur. Explain that it is a day when we say we are sorry for what we have done wrong and we make a plan to do better next time. This is called *Teshuva*.

Read the book: *Three Jumps to Sorry: a Yom Kippur Story* by Amy Novit

When they are done, ask students to think of something they might need to say sorry about. Explain that this can be something they did on purpose or by accident. Next, set up 3 squares with the numbers 1,2, and 3 on them just like in the book and have students take turns jumping through the 3 steps of apologizing.

## Specific Accommodations:

- Provide options of generic scenarios that students might be sorry for in case they need help coming up with one
- Provide visual for what to do at each step of apologizing (attached)

## Closing/*Lehitraot* (10 min):

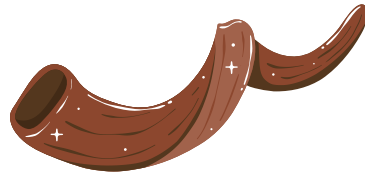
- Remind students that *teshuva* is what we do on Yom Kippur and it is when we say sorry to others and to God for what we have done wrong.
- Have students take time to decide on some things they will say they are sorry for this Yom Kippur.
- Finally, sing *Shalom Chaverim* together to close out the class.

Torah Arks and *Bima*





Cut out for students to glue onto  
*shana tova* cards



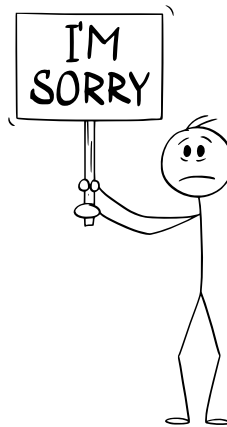
Shana Tova!  
שנה טובה

Have a sweet  
new year!!

Admit that you did something wrong



Feel bad about what you did



Try really hard to never do it again!

