

The Matan Katan lesson plans all include a time to learn or practice common *brachot* that your students will likely encounter as they grow up in the Jewish community. Practically, this is also a time when a snack can be served. It provides a natural opportunity for students to learn what *brachot* to say for which foods.

Note: When choosing snacks, be mindful of student allergies or sensitivities. Always check ingredient labels carefully and consult with families when in doubt.

Have students wash their hands and sit at tables. Start by singing the “It’s *Bracha* Spotlight Time” song.

It’s *Bracha* Spotlight Time

To the tune of “If You’re Happy and You Know It”

It’s the *bracha* spotlight time of the day *clap clap*

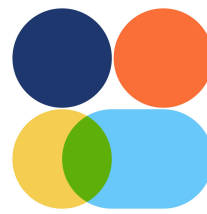
It’s the *bracha* spotlight time of day *clap clap*


















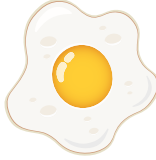


It is time to bless our food, which blessing will we use?

It’s the *bracha* spotlight time of the day *clap clap*

Next, reveal what the snack is that day. Show students the visual for the categories of *brachot* we say and ask them to point to which category the snack belongs in.

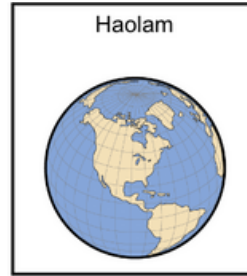
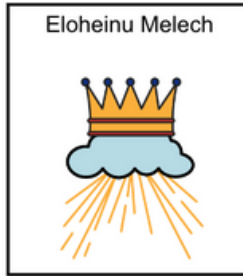
Finally, go over the *bracha* that they will say over this snack. Provide the adapted visual *bracha* and teach students how to say it. At the beginning of the year, the lessons will introduce the *brachot* knowing that this may be the first time the students are hearing them. After they have all been introduced once, this will be a time to review the blessing or to help students learn what blessings we say for which foods. The goal is for students to be comfortable saying these blessings by the end of the year.



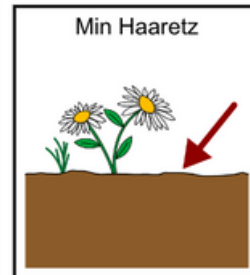
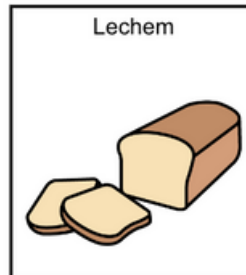
<i>Hamotzi</i> (Bread)	<i>Hagafen</i> (Grapes)	<i>Haetz</i> (Trees)	<i>Haadamah</i> (The Ground)	<i>Mezonot</i> (Grains)	<i>Shehakol</i> (all!)
  	 	  	    	  	   



Hamotzi המוציא



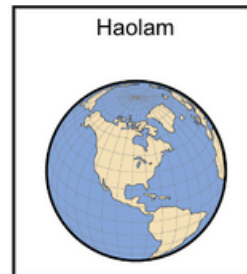
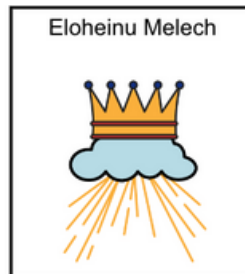
בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם



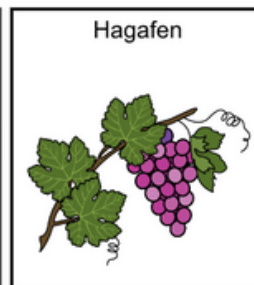
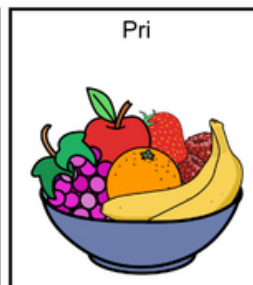
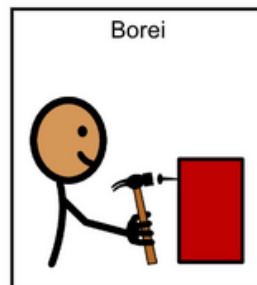
הַמוֹצִיא לֶחֶם מִן הָאָרֶץ



Hagafen הַגָּפֶן



בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם



בוֹרֵא פְּרֵי הַגָּפֶן





Haetz

הָעֵץ

Baruch Atah Adonai



Eloheinu Melech

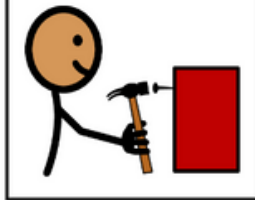


Haolam



בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם

Borei



Pri



Haetz



בוֹרֵא פְרֵי הָעֵץ

 Matan



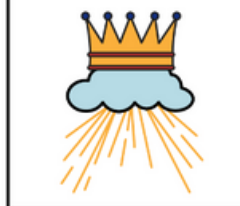
Haadamah

הָאֲדָמָה

Baruch Atah Adonai



Eloheinu Melech

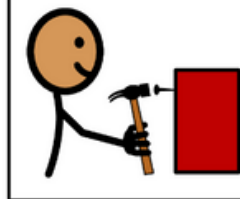


Haolam



בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם

Borei



Pri



Haadamah

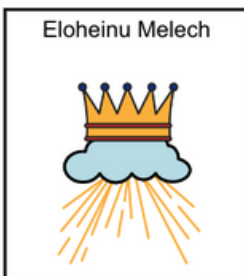


בוֹרֵא פְרֵי הָאֲדָמָה

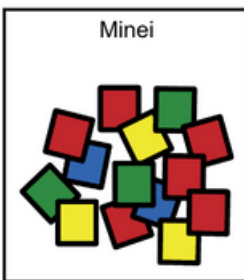
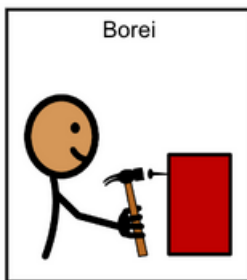
 Matan



Mezonot מְזוֹנוֹת



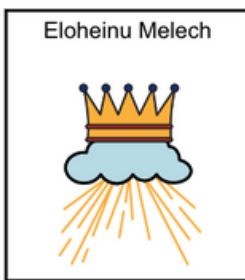
בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם



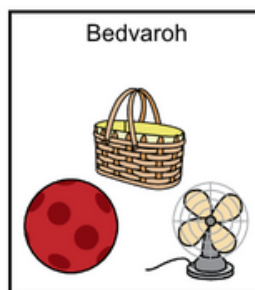
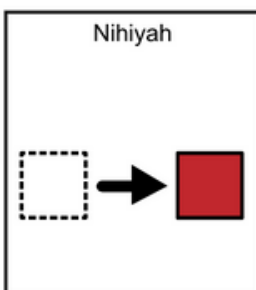
בוֹרֵא מִיְּנֵי מְזוֹנוֹת



Shehakol שְׁהַכּוֹל



בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם



שְׁהַכּוֹל נִהְיָה בְּדַבְּרוֹ

