



**Matan**

## Identifying our Learning Styles

Often (3)	Sometimes (2)	Never (0)
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Read each statement. If this happens to you often, write a "3" on the line; sometimes, write a "2"; never, write a "0"

### Visual Modality

- \_\_\_\_\_ I remember information better if I write it down
- \_\_\_\_\_ I need a quiet place to get my work done.
- \_\_\_\_\_ I need to write down directions, not just take them verbally.
- \_\_\_\_\_ Music or background noise distracts my attention from the task at hand.
- \_\_\_\_\_ I doodle and draw pictures on the margins of my notebook pages.
- \_\_\_\_\_ I have trouble following lectures.

**TOTAL** \_\_\_\_\_

### Auditory Modality

- \_\_\_\_\_ I do not follow written directions well.
- \_\_\_\_\_ When I hear something, I remember it.
- \_\_\_\_\_ I would rather listen and learn than read and learn.
- \_\_\_\_\_ I'm not very good at interpreting an individual's body language.
- \_\_\_\_\_ Pages with small print or poor quality copies are difficult for me to read.

**TOTAL** \_\_\_\_\_

### Kinesthetic/Tactile Modality

- \_\_\_\_\_ I start a project before reading the directions.
- \_\_\_\_\_ I prefer first to see something done and then to do it myself
- \_\_\_\_\_ I take frequent study breaks.
- \_\_\_\_\_ I have a difficult time giving step-by-step instructions.
- \_\_\_\_\_ I use my hands when describing things.

**TOTAL** \_\_\_\_\_

Total the score for each section. The highest of the 3 scores indicates the most efficient method of information intake. The second highest score indicates the modality which boosts the primary strength

Were the results what you expected?

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Not every student you will work with has the same learning style that you do, or that the classroom teacher does. What challenges does that present?

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**Note:** *There is no "1," because the survey designer wanted there to be a clear distinction between A) demonstrating one of the characteristics (no matter how intense) and B) not demonstrating the characteristic at all.*