

Matan

B'nai Mitzvah Inclusion Guide

Unit 7: Navigating the Big Day



BIG IDEA

Preparing for the logistics of the ceremony is crucial to the success of the student and family!



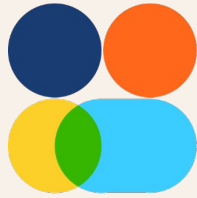


Thinking Ahead

- Preparing for the logistics of the ceremony is crucial to the success of the student and family.
- What accommodations can be made for each child and family?
- How can we set the family up for success?

Possible Considerations

1. Bring the child to the space of the ceremony multiple times to practice; let them experience what the day will be like.
2. Get used to the volume of the sound system in the sanctuary: too loud? Will sensory processing be impacted?
3. Create transliterations or visual aides to be projected for guests.
4. Create a seating plan: where will the child sit? Parents? Tutor?
5. Identify where the child will lead the service from: The standard bima? Center of the room?
6. Create a “backup plan”: What happens if the child experiences anxiety or sensory overload and needs a break?



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**Reshaping Jewish
Communities Through
Disability Inclusion**