

Matan

B'nai Mitzvah Inclusion Guide

Unit 5: Mitzvah Projects



BIG IDEAS

A *mitzvah* project is meant to be personal and motivating to each student

A *mitzvah* project can be done in a variety of ways and should be tailored to meet the interests and needs of each student

Forming a personal connection to a *mitzvah* project allows for more creativity, passion and motivation from the student



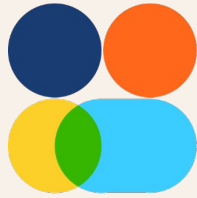
Suggestions

- Identify the students' interests and personal preferences
- Find out if the student has ever done community service/*chessed* work before
- Educate the student on various types of *mitzvah* projects



Mitzvah Project Possibilities

- Volunteering at a local food pantry
- Fundraise money for a specific organization
- Collect donation items (examples: toiletries, books, clothing, canned goods, sports equipment)
- Hair donation
- Volunteer work with children (local preschool, Hebrew school, etc.)
- Volunteer work with the elderly



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**Reshaping Jewish
Communities Through
Disability Inclusion**